



Public Service Messages during Monsoon Season/Floods

Flood is a natural disaster but by taking few precautionary measures life and property can be saved.

1. Measures to be taken before Monsoon / Flood Like Situation

- Keep yourself updated on latest weather conditions through radio, tv and internet before and during monsoon season.
- Follow the instructions of government regarding precautionary measures to save life and property in case of any emergency.
- Keep ready emergency kits including bandages, first aid kit, an extra charged battery of mobile phones, match box, torch, candles, mosquito nets and essential medicines, drinking water and dry food etc.
- Keep stock of dry food ration for example roasted grams, gur, pulses, flour, sugar, rice and drinking water bottles.
- Keep important documents and precious belongings (NIC, educational certificates, property documents, domicile, passport, cash (if any) etc) on a higher place in a plastic bag.
- Keep in touch with local government representative or disaster management committees (if any) in your area for timely information on early warnings.
- Keep your friends and relatives informed about important flood related information.
- Construct safety walls around houses.
- Get your livestock vaccinated before onset of monsoon.

2. Precautionary Measures to be taken During Floods

- Keep yourself updated and keep your friends and relatives informed about emergency routes, high protection areas etc, in case of evacuation.
- Evacuate immediately on receiving information about approaching floods and shift to safe place as per emergency plan.
- Related school teachers, Imam of mosques, community leaders should lead the preparedness and protection activities.
- Priority should be given to evacuate/shift PWDs, elderly, children and women to safer areas. Seek help/assistance of emergency response teams for evacuation.
- Immediately shift to safe /high grounds at the outset of heavy rains in case you are living in low lying areas.
- While leaving home keep important documents and precious belongings (such as, (NIC, educational certificates, property documents, domicile, passport etc) along with you covered in a plastic bag. Do not forget to carry cash with you, if any.
- Wash your hands before eating anything.
- Do not eat moisten food as it can be infected and cause illness (diarrhea etc).

- Do not walk in flood water, if necessary walk with the help of a stick as there may be pieces of broken glasses, snakes and deep ditches. If possible use shopping bag (alternate of socks) to protect direct contact of your body with flood water.
- Do not use electric appliances while standing on wet floors.
- Do not sit near shabby or mud walls as they might collapse.
- Do not drive through flood waters as you may get washed away.
- Do not tie your livestock with electric poles.

3. Precautionary Measures to be taken After Flooding

- Use boiled water to prevent from water borne diseases.
- Boil potable water before use if your community well has been flooded.
- Avoid walking in stagnant flood water as it can cause skin infections.
- Do not go near fallen electric polls or wires to avoid electric current.
- Avoid keeping your livestock assembled on wet ground, where house flies are abundant.
- Promptly report any sign of disease to concerned official of veterinary department.
- Parents should not allow children to play in the submerged areas to ensure their health and safety.
- Do not return to your homes/areas unless declared safe by the government/concern departments.
- Check walls before entering a house, as flood water may have weakened it, to avoid any mishap.