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F.2(E)/2025-NDMA (MW/ Weather Advisory) Government of Pakistan Prime Minister's Office National Disaster Management Authority (HQ) Main Murree Road Near ITP Office, Islamabad



Dated: 18 July 2025

## Subject: MORE RAINS WITH WIND-THUNDERSHOWER PREDICTED IN COMING DAYS WITH OCCASIONAL GAPS

Met office **Monsoon currents** are currently penetrating **Sindh** and **Upper** parts of the country and likely to intensify in **Upper and Central parts** from 20<sup>th</sup> July. A **fresh Westerly wave** is likely to approach **Upper parts** on **21<sup>st</sup> July 2025**. Under the influence of these meteorological conditions following are the likely impact areas: -







2. Under the influence of this weather system, following are likely impacts: -

## a. Punjab, Sindh and Islamabad Capital Territory

- Heavy to very heavy rains may generate flash floods in local nullahs/streams of Murree, Galiyat, Islamabad/Rawalpindi, Hill torrents of D.G Khan, Northeast Punjab.
- (2) **Rains** may trigger Landslides / Rockfall in Murree and hilly areas.
- (3) Heavy Downpour may cause urban flood in low lying areas of Islamabad / Rawalpindi, Gujranwala, Lahore, Sialkot, Sargodha and Faisalabad.
- (4) Isolated hailstorm may cause damage to cause injures and damage to infrastructures, orchards, farms and vehicles etc.
- (5) Windstorms may damage crops, loose structures, etc.
- (6) **Thunderstorms** to increase risk of **lightning strikes**.
- (7) Electricity / other utility services may get disrupted.
- (8) General public is advised to be aware of loose structures like billboards,

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electrical poles, solar panels, hoardings, etc.

- (9) Farmers are advised to manage their activities keeping in view the weather forecast and hailstorm.
- (10) Avoid outdoor exposure in rains and windy weather.

## b. KP, Balochistan, GB and State of AJ&K

- Heavy to very heavy rains may generate flash floods in local nullahs / streams of Galiyat, Mansehra, Kohistan, Abbottabad, Buner, Chitral, Dir, Swat, Shangla, Nowshera, Swabi, Hill torrents in Balochistan.
- (2) Heavy Downpour may cause urban flooding in low lying areas.
- (3) **Heavy rains** may trigger **Landslides / Rockfall** in hilly areas.
- (4) Electricity / other utility services may get disrupted.
- (5) **Isolated hailstorm** may cause damage to cause injures and damage to infrastructures, orchards, farms and vehicles etc.
- (6) Windstorms may damage crops, loose structures, etc.
- (7) **Thunderstorms** to increase risk of **lightning strikes**.
- (8) General public is advised to be aware of loose structures like billboards, electrical poles, solar panels, hoardings, etc.
- (9) Tourists are advised to remain cautious during the spell and check weather updates before traveling.
- (10) **Rainfall** may cause **flash flooding** in local nullahs.
- (11) Landslides / mudslides may lead to potential road blockages.
- (12) Windstorms may damage crops, loose structures, etc.
- (13) **Thunderstorms** to increase risk of **lightning strikes**.
- (14) Electricity / other utility services may get disrupted.
- (15) General public is advised to be aware of loose structures like billboards, electrical poles, solar panels, hoardings, etc.
- (16) Farmers are advised to manage their activities keeping in view the weather forecast and hailstorm.
- (17) Avoid outdoor exposure in rains and windy weather.
- (18) Tourists and travelers visiting mountainous areas are advised to remain cautious of flash floods, avalanche glaciers, landslides, rock fall / tree fall, derbies / mud flow during the period.

3. In this regard, all concerned Federal Ministries / Departments, respective Provincial Governments, their line departments including PDMAs / GBDMA / SDMA/ ICT Administration, DDMAs/ local administrations, municipal authorities of major metropolises are advised to **ensure** 

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## following along with any other measures deemed necessary: -

## a. Aspects for Mass Awareness / Enforcement

- (1) During hailstorm, follow these safety tips to protect yourself: -
  - (a) <u>Seek Shelter Immediately</u>. Move indoors or take cover in a sturdy building or vehicle.
  - (b) <u>Stay Away from Windows</u>. Hail can shatter glass stay in a windowless room if possible.
  - (c) <u>Protect Your Head</u>. If caught outside, use anything available (bag, jacket, helmet) to cover your head and neck.
  - (d) <u>Pull Over Safely (if driving)</u>. Stop the vehicle under a bridge, roofed area, or off the road. Stay inside with seatbelt fastened.
  - (e) <u>Do Not Drive in Heavy Hail</u>. Visibility drops drastically and roads become slippery.
  - (f) Listen to Weather Updates. Use radio, mobile alerts, or apps to monitor the situation.
  - (g) <u>Cover Vehicles and Equipment</u>. If time allows, protect vehicles, livestock, and outdoor equipment with tarps or blankets.
  - (h) <u>Wait for the All-Clear</u>. Stay sheltered until authorities confirm it's safe to move.
- (2) During **thunder-storm** and **lightning strike**, follow these safety tips to protect yourself: -
  - (a) **Do Not Seek Shelter Under Trees or Poles**. These attract lightning and don't protect well from hail.
  - (b) <u>Avoid Open Fields and Hilltops</u>. These are more exposed to hail and lightning.
  - (c) **Do Not Use Electrical Appliances**. Avoid wired devices, plumbing, and electronics during accompanying thunderstorms.
  - (d) <u>Move Away from Drainage Canals and Pondages</u>. Avoid standing nearby drainage canals and pondages as it attracts lightning.
  - (e) <u>Seek Shelter Immediately</u>. Move indoors or take cover in a sturdy building or seek shelter in a dry place.
- (3) Travelers / tourists are advised to: -
  - Plan travels to picnic and tourist spots considering weather and traffic conditions.

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- (b) Properly dispose of garbage at designated areas to prevent clogging of drainage systems.
- (c) Avoid overcrowding picnic and tourist spots and ensure personal safety.
- (d) Keep children away from nullahs / pot holes / drainage lines to avoid accidents.
- (e) Keep adequate **supply** of **clean drinking water** and **food item**.
- (f) Wear weather appropriate clothing.
- (g) Keep maintain at least **20 feet distance** from **River** and **Nullahs**.
- (h) Choose hotels or guest houses located on higher ground and away from rivers, lakes, or nullahs in monsoon / flooding season.
- (i) Ask hotel staff about emergency exits, local hazards, and evacuation procedures in case of flooding.
- (j) Avoid swimming in the rivers / nullah and any water body during flooding season.
- (k) Avoid walking or driving through flooded areas just 6 inches of moving water can knock you off your feet.
- Avoid trekking, hiking, or camping during heavy rains risk of landslides, slippery trails, and flash floods increases.
- (m) Avoid self-driving in unfamiliar or hilly areas during rains opt for local drivers who know the terrain.
- (n) Do not attempt to cross bridges or roads submerged in water they may be damaged or unstable.
- (o) Cooperate with locals and district authorities, rescue agencies during emergencies or weather disruptions.
- (4) Do not risk cross any drain or road overtopping with water flow. Wait for flows to normalize and priorities / ensure safety.
- (5) Do not risk enter a ponded under-construction road.
- (6) Do not take / allow children close to ponds / stagnant water, water drainage lines or any place where pot holes are present.
- (7) Sensitize all concerned on risks posed by venturing into water channels and crossing nullahs during flash floods.
- (8) Do not handle / repair any electrical equipment, especially with exposed lines to preclude risk of electrocution during rainfall / thunderstorms and water pondage.

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(9) Avoid staying in weak structures. In case of intense rain, seek shelter in safe places such as schools, government buildings, or any concrete buildings.

## b. DDMAs / Local Administrations / DM Responders

- Activation and deputation of duty staff for round-the-clock monitoring through Emergency Operation Centres (EOCs).
- (2) Collect and share the latest information with line departments, provincial, and national authorities.
- (3) Disseminate advisories, alerts, and guidelines to all concerned.
- (4) Generate Situation Reports (SITREPs) to cover any major incidents / developments.
- (5) Civic Agencies and Rescue Services (1122 / Fire Brigade / Ambulance / Civil Defence) to remain alert and have sufficient emergency response personnel and equipment during the forecasted holiday period.
- (6) Alert masses living in low-lying areas to exercise extra caution and activate community-based alert systems.
- (7) Limit the number of tourists allowed entry to picnic and tourist spots to avoid overcrowding.
- (8) Regulate traffic at picnic and tourist spots to ensure a smooth flow and prevent congestion.
- (9) Secure loose structures including billboards / hoardings / solar panels from effects of windstorms / thunder showers.

## c. PDMAs / SDMA / GBDMA / ICT Administration

- (1) Coordinate with respective PDMAs to align local efforts with provincial strategies and guidelines.
- (2) Activate / ensure staffing of HR in EOCs for effective coordination and response.
- (3) Establish a streamlined and efficient communication channel to ensure timely dissemination of weather forecasts, advisories, and alerts to local administrations and the public.
- (4) Ensure flow of information among all stakeholders is accurate, timely, and effectively coordinated.
- (5) Ensure enforcement / dissemination of mitigative / preparedness / response guidelines to all concerned.
- (6) Ensure **rapid damage** and **needs assessments** following major incidents.

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## d. Federal Ministries / Departments

- (1) Ensuring **interagency coordination** and **information sharing** for monitoring and handling emergencies.
- (2) Raise mass awareness through respective platforms relevant stakeholders about seasonal hazards.
- (3) Ensure strict and proactive monitoring of the movement around/ in close vicinity of nullahs and water channels to avert possibilities of drowning.
- 4. In case of any eventuality, twice-daily updates be shared with NDMA.

5. **Press Information Department Only**. With the request for wider circulation and public awareness.

6. For latest weather updates please visit: https://www.pmd.gov.pk/en/, Pak Weather application https://play.google.com/store/apps/details?id=com.pmd.kissan, NDMA Mobile App (Pak NDMA Disaster Alert) <u>https://play.google.com/store/apps/details?id=com.mobileapp.ndmaalert</u>, NDMA / PMD Social Media platform.

(Ali Imran Sayed) Director (Response) Tel No: 051-9030924 Fax No: 051-9030729

## (DISTRIBUTION LIST BELOW)

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- ED NR&RF
- ED Tech (E&M)

ED RM&M ED IA&PD ED IC ED CoE Dir C&P Dir Log Dir R&R

Annex A

### PMD PRESS RELEASE

Government of Pakistan Ministry of Defense (Defense Division) Pakistan Meteorological Department National Weather Forecasting Centre Sector: H-8/2, Islamabad.

NWFC-5(10A)/2017/127

Press Release:

Date: 18th July, 2025 Time: 14:00 PST

### More rains with wind-thundershower predicted in coming days with ocassional gaps

According to Met office monsoon currents are currently penetrating Sindh and upper parts of the country and likely to intensify in upper and central parts from 20<sup>th</sup> July. A fresh westerly wave is likely to approach upper parts on 21<sup>st</sup> July, under the influence of these meteorological conditions:

#### Sindh:

Rain-wind/thundershower with isolated moderate to heavyfalls is expected in Tharparker, Umer Kot, Mirpur Khas, Mithi, Thatta, Badin, Hyderabad, Tando Allahyar, Tando Muhammad Khan, Karachi, Shaheed Benazirabad, Khairpur, Dadu, Jacobabad, Kashmore, Sanghar, Sukkur, Ghotki and Larkana from 18th (night) to 20th July with occasional gaps.

#### Khyber-Pakhtunkhwa:

Rain-wind/thundershower with scattered heavyfalls (at times very heavy) is expected in Dir, Chitral, Swat, Kohistan, Malakand, Shangla, Battagram, Buner, Kohat, Karak, Bannu, Tank, Lakki Marwat, Dera Ismail Khan, Bajaur, Mohmand, Khyber, Waziristan, Orakzai, Mansehra, Abbottabad, Haripur, Peshawar, Charsadda, Nowshera, Mardan, Swabi, Hangu and Kurram from 21st to 25th July with occasional gaps.

#### Kashmir/ Gilgit-Baltistan:

Rain-wind/thundershower with isolated heavyfalls is expected in Kashmir (Neelum valley, Muzaffarabad, Rawalakot, Poonch, Hattian, Bagh, Haveli, Sudhanoti, Kotli, Bhimber, Mirpur) from 20th to 25th July, while rain-wind/thunderstorm with isolated heavyfalls is expected in Gilgit-Baltistan (Diamir, Astore, Ghizer, Skardu, Hunza, Gilgit, Ghanche, Shigar) from 21st to 26th July with occasional gaps.

#### Punjab/Islamabad:

Rain-wind/thundershower with scattered heavyfalls (at times very heavy) is expected in Islamabad/Rawalpindi, Murree, Galliyat, Attock, Chakwal, Jhelum, Mandi Bahauddin, Gujrat, Gujranwala, Hafizabad, Wazirabad, Lahore, Sheikhupura, Sialkot, Narowal, Sahiwal, Jhang, Toba Tek Singh, Nankana Sahib, Chiniot, Faisalabad, Okara, Kasur, Khushab, Sargodha, Bhakkar and Mianwali from 20th (evening/night) to 25th July. While rain-wind/thundershower is also likely in Bahawalpur, Bahawalnagar, D.G. Khan, Multan, Khanewal, Lodhran, Muzaffargarh, Rajanpur, Rahimyar Khan, Kot Addu and Layyah on 18th (night)/19th & from 21st to 23<sup>rd</sup> July with occasional gaps.

#### Balochistan:

Rain-wind/thundershower is expected in Northeastern/southern parts (Lasbella, Awaran, Khuzdar, Quetta, Zhob, Qilla Saifullah, Qilla Abdullah, Ziarat, Kalat, Sherani, Musakhel, Loralai and Barkhan) on 18th (night)/19th & from 22th July.

#### Possible Impacts and advises:

- Heavy rains may generate flash floods in local nullahs/streams of Chitral, Dir, Swat, Shangla, Mansehra, Kohistan, Abbottabad, Buner Charsadda, Nowshera, Swabi, Mardan, Murree, Galliyat, Islamabad/Rawalpindi, Hill torrents of D.G Khan, Northeast Punjab an Kashmir from 21" to 25th July.
- Heavy Downpour may cause urban flood in low lying areas of Islamabad/Rawalpindi, Gujranwala, Lahore, Sialkot, Sargodha, Faisalabad Okara, Nowshera and Peshawar from 21st to 25th July.
- Landslides/mudslides may cause roads closure in the vulnerable hilly areas of Khyber Pakhtunkhwa, Murree, Galliyat, Kashmir and Gilgit-Baltistan from 21st to 25th July.
- Heavy falls/windstorm and lightning may damage weak structures like roof/wall of Kacha houses, electric poles, bill boards, vehicles and solar panels etc during the forecast period.
- Public, Travelers and tourists are advised to avoid unusual exposure to vulnerable areas to avoid any untoward situation and keep update about latest weather conditions.
- Note: All concerned authorities are advised to remain "ALERT" and take necessary measures to avoid any untoward

situation

For latest weather updates please visit: https://www.pmd.gov.pk/en/, Pak Weather application https://play.google.com/store/apps/details?id=com.pmd.kissan Social Media platform & CAP (Alert)

Distributions:

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Spokesperson Ph: 051-9250363-4



**Government of Pakistan** Ministry of Defense (Defense Division) Pakistan Meteorological Department National Weather Forecasting Centre Sector: H-8/2, Islamabad.

### NWFC-5(10A)/2017/127

12124

Date: 18th July, 2025 Time: 14:00 PST

# آفدالددول من تيز مواؤل ادر كري جك ك ساته دقف وقف مزيد بار شول كى يتظولى

تحکمہ موسمیات کے مطابق مرطوب ہواجی سند حادر ملک کے بالائی علاقوں میں داخل ہور ہی دیں جر 20جولائی ہے بلائی اور وسطی علاقوں میں مزید شدت اختیار کریں گی۔ جازہ مغربی ہواؤں کا ایک سلسلہ 21جولائی ہے ملک کے بلائی علاقوں میں داخل ہونے کی توقع ہے۔ جس کے زیراثر: ستده: 18 (رات) 20 جولانی کے دوران تقریار کر، عمر کوٹ، میر پورخاص، مٹی، تخصہ بدین، حیدرآباد، ننڈ والدیار، ننڈ و محد خان، کرایتی، شیبد بینظیر آباد، خیر بور، دادو، جیکب آباد، کن مور، سانگھٹر، سکمر، گھو تکی اورلاڑ کانہ میں وقفے وقفے سے جبر ہواؤں اور کرج جک کے ساتھ بارش جبکہ چند مقامات پر در میانی ہے موسلاد حاربارش کی بھی توقع۔ شیر پکتو توا: 21 ے25 جولائی کے دوران دیر، چرال، سوات، کو بستان مالاکثر، شانگد، بلکرام، یونیر، کوپاٹ، کرک، ینول، ٹائک، کلی مروت، ڈیرہ اسا میل خان، پاہوژ، مہمند، خیبر، وزیر ستان، اور کز کی، مانسہرہ، ایب 🖞 آباد، ہر کابور، پشاور، چارسدہ، نوشہر د، مر دان، صوانی، سنگواور کرم ش جیز ہواؤل اور کرن جک کے ساتھ وتھے وقتے ہے بارش جبکہ کہیں کہیں یہ موسلاد حار /شدید موسلاد حار بارش کی بھی توقع۔ سم الملت ملتستان:20 سے 25 جولائی کے دوران سمیر (دادی نیلم، مظفر آباد،راولاکوٹ، یو ٹیچہ، ہٹیال، باغ، حو لی، سد حانوتی، کو ٹی، تجمیر، میر پور) میں تیز ہواؤل ادر کرج جبک کے ساتھ و تھے وقتے ہے بارش جبک چند مقالات پر موسلادهار بارش کی بھی توقع بجکہ 21 سے 26 جولائی کے دوران کلکت بلتستان (دیامیر ، استور، غذر، سکردو، ہنزو، گلکت، کھانچ، شکر) میں تیز ہواؤں اور کرن چک کے ساتھ وقتے وقتے ہے بارش جبکہ چىرىقلات يەموسلادھارىلاش كى بىچى تۇقىخ يە بنوب/اسلام آباد: 20 (شام/دات) - 25جولاتی کے دوران اسلام آباد/راولپندی، مری، ظرات، انک، چکوال، جبلم، مندی بهاؤالدین، تجرات، کوجرانواله، حافظ آباد، وزیر آباد، الابور، شيخو بوره سيالكوث، نار دوال، ساہیوال، محمق، ثوبہ فیک شکو، نکانہ صاحب، چنیوٹ، فیصل آباد، اوکلادہ قصور، ٹوشاب، سر گودھا، تجکر اور میانوالی ش تیز ہواؤں اور کرن چک کے ساتھ وقفے وقفے سے بارش جبکہ بعض مقامات پر موسلاد حدار شدید موسلاد جار برش کاا مکان یہ جبکہ 18 (رات)/19 جولاتی اور 21 سے 23 جولاتی کے دوران بہاولیور، بہاولتکر، ڈی جی خان، ملکن، خانوال، لود حرال، مظفر گڑھ، راجن یور، رحیم یذخان، کوٹ اد داد رلیہ می تھی تیز ہواؤل اور کرنی جبک کے ساتھ وقفے وقفے سے بارش کاامکان یہ بلوچستان: 18 (رات)/19 جولاتی اور 22 جولاتی کے دوران: ثمّال شرقی/جنوبی علاقوں (لسیلہ، آداران، خصد ار، کوئٹہ، ژوب، قلمہ سیف اللہ، قلمہ عبداللہ، زیارت، قلات، شیر انی، سوئی نمیک ، لورالاتی اور بارکمان) ٹن تیز ہواؤں اور کرتے چک کے ساتھ بارش کا امکان-مكنه اثرات اوراحتياطي تدايير: 21 - 25 جدان شديد بارش ك دامان شديد بارش ك داعت يترال ، دير، موات، شانلك مالمهره كوبتان ايندي آباد، يوتير مطارمة والا مرك مرك يحليات، توشيره، الملام آباد الداوليترى، ذى ي خان، شال مشرق مالياب ، تشمیرادر بلوچیتان کے مقامی/برساتی تد کا تالوں میں طفیاتی کا محلرہ محام الناس کو اعتباط کی بدایت۔ 21 - 25 جمال کی تر دوران شدید بارشواب کے باعث اسلام آباد ارادلونشد کو جمانوالد، للا مورسیالکوت مر گودها، فیعل آباد دادکانده نوشیر هادر شادر کے تطبی طلب قرز پر آب کے کاخد شد. 21 - 25 جوال کی کے دوران شدید بار شون کے باعث نیر ملحق تحوار مر ک، تحیان ، مشیراور تحکّ باشتان ش لیند ملائیل تک کے باعث ثریک کی آمد ور خت متاثر ہونے کا تطرف شدید بار شوں / آت می اجلو چلےاور کرن چک کے باعث روز مرح معولات متاثر ہونے، کمزورا تواسر کچر ( کے تحر او پور پر)، بکل کے تلجی، ٹی یورڈز، کاڑیوں سوار بیش وغیر و) کو تقسان کائٹریش۔ سافردن اور سان صفرات منو کے دوران نہ یادہ محالفہ دیں اور مو کی حالات کے مطالبی اپنے منر کا انتظام کر تیر اور باد شول کے دوران کمی بھی ناخو طوار صور تعال ہے بچے کے لیے موسم کے بارے ش آگاہی حاصل کر ہے۔ اوت: تمام مصلقہ اداروں کو "الرت "ریے ادر کی نامو تشوار واقعہ ہے بچنے کے لیے تمام ضر در کی اقدامات کرنے کی بدایت کی جاتی ہے۔

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رحان (محد موسمات) Ph 051-9250363-4