



July 18, 2025

# **Global Alerts – Central Zone**

Extreme Heat Wave



#### **Affected Areas**

Turmenabar, Ashgabat, Turkemnistan. Nukus, Samarkand Uzbekistan

## Duration

July 18- July 21, 2025

## Hazard Types

Intensive Heat wave and high temperature

#### Hazard Summary

Extreme heat expected from July 18 - 2; temperatures pose serious health risks. Limit outdoor activities, stay hydrated, and follow official safety guidance.