

F.2(E)/2025-NDMA (MW/ Weather Advisory)

Government of Pakistan Prime Minister's Office

National Disaster Management Authority (HQ) Main Murree Road Near ITP Office, Islamabad

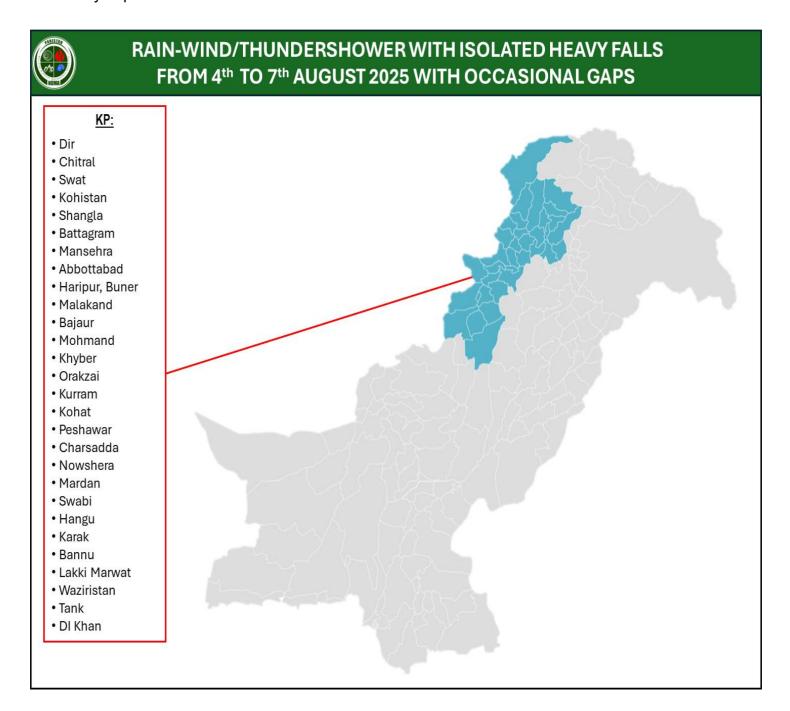


Dated: 2 August 2025

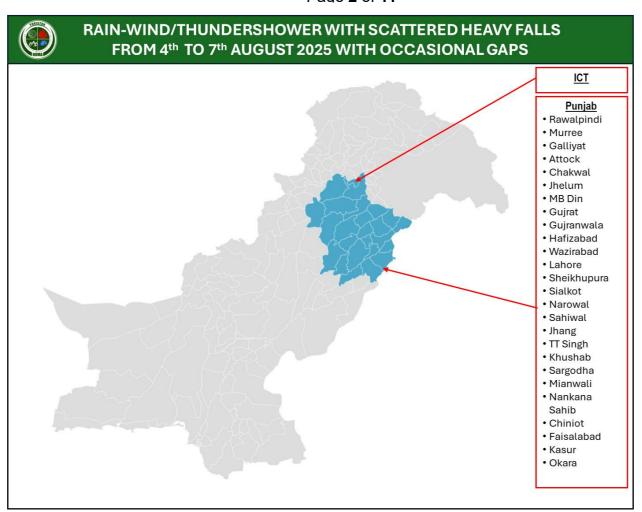
MOST IMMEDIATE

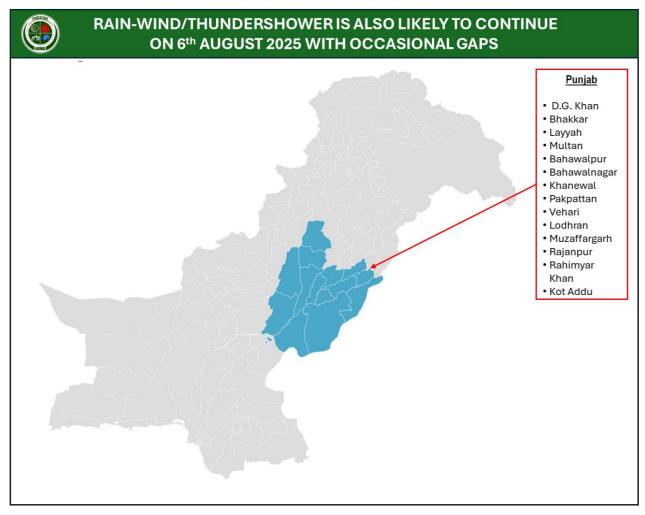
Subject: MORE RAINS WITH WIND-THUNDERSHOWER PREDICTED IN UPCOMING WEEK

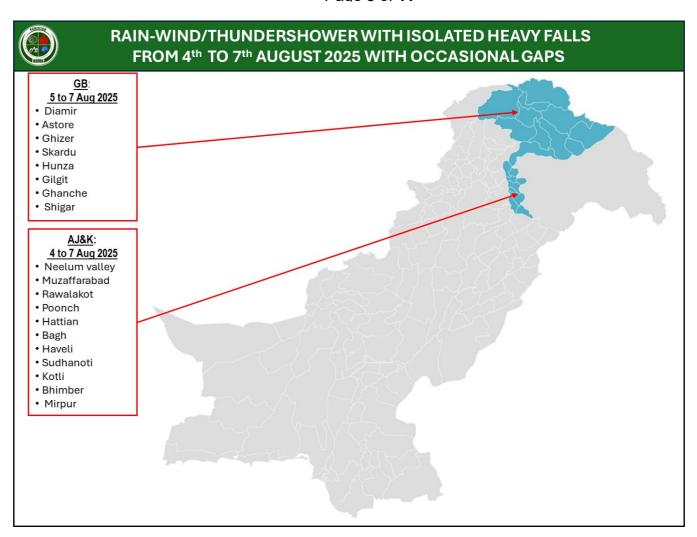
Weak monsoon currents are continuously penetrating in Upper / Central parts of the country and is likely to intensify from 4th August 2025. A Westerly wave is likely to strengthen on 5th August 2025. Under the influence of these meteorological conditions following are the likely impact areas: -

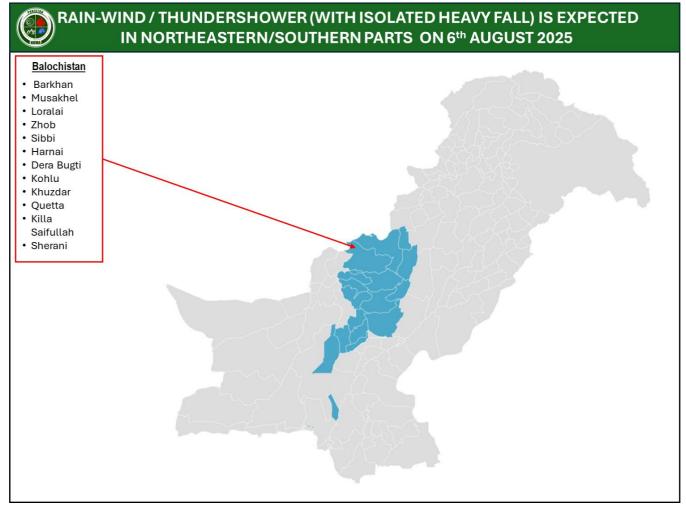


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- 2. Weather conditions in Sindh is expected to remain mainly hot and humid in most parts of the province. However, cloudy weather with light rain/drizzle is expected in coastal areas during the period.
- 3. Under the influence of this weather system, following are likely impacts: -

a. Punjab, Sindh and Islamabad Capital Territory

- (1) Heavy to very heavy rains may generate flash floods in local nullahs/streams of Murree, Galiyat, Islamabad/Rawalpindi, Hill torrents of D.G Khan, Northeast Punjab.
- (2) Rains may trigger Landslides / Rockfall in Murree and hilly areas.
- (3) Heavy Downpour may cause urban flood in low lying areas of Islamabad / Rawalpindi, Gujranwala, Lahore, Sialkot, Sargodha and Faisalabad.
- (4) **Isolated hailstorm** may cause damage to cause injures and damage to infrastructures, orchards, farms and vehicles etc.
- (5) Windstorms may damage crops, loose structures, etc.
- (6) Thunderstorms to increase risk of lightning strikes.
- (7) Electricity / other utility services may get disrupted.
- (8) General public is advised to be aware of loose structures like billboards, electrical poles, solar panels, hoardings, etc.
- (9) Farmers are advised to manage their activities keeping in view the weather forecast and hailstorm.
- (10) Avoid outdoor exposure in rains and windy weather.

b. KP, Balochistan, GB and State of AJ&K

- (1) Heavy to very heavy rains may generate flash floods in local nullahs / streams of Galiyat, Mansehra, Kohistan, Abbottabad, Buner, Chitral, Dir, Swat, Shangla, Nowshera, Swabi, Hill torrents in Balochistan.
- (2) **Heavy Downpour** may cause **urban flooding** in **low lying** areas.
- (3) **Heavy rains** may trigger **Landslides** / **Rockfall** in hilly areas.
- (4) Electricity / other utility services may get disrupted.
- (5) **Isolated hailstorm** may cause damage to cause injures and damage to infrastructures, orchards, farms and vehicles etc.
- (6) Windstorms may damage crops, loose structures, etc.
- (7) **Thunderstorms** to increase risk of **lightning strikes**.
- (8) General public is advised to be aware of loose structures like billboards, electrical poles, solar panels, hoardings, etc.
- (9) Tourists are advised to remain cautious during the spell and check weather updates before traveling.

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- (10) Rainfall may cause flash flooding in local nullahs.
- (11) Landslides / mudslides may lead to potential road blockages.
- (12) Windstorms may damage crops, loose structures, etc.
- (13) Thunderstorms to increase risk of lightning strikes.
- (14) Electricity / other utility services may get disrupted.
- (15) General public is advised to be aware of loose structures like billboards, electrical poles, solar panels, hoardings, etc.
- (16) Farmers are advised to manage their activities keeping in view the weather forecast and hailstorm.
- (17) Avoid outdoor exposure in rains and windy weather.
- (18) Tourists and travelers visiting mountainous areas are advised to remain cautious of flash floods, avalanche glaciers, landslides, rock fall / tree fall, derbies / mud flow during the period.
- 4. In this regard, all concerned Federal Ministries / Departments, respective Provincial Governments, their line departments including PDMAs / GBDMA / SDMA/ ICT Administration, DDMAs/ local administrations, municipal authorities of major metropolises are advised to ensure following along with any other measures deemed necessary:
 - a. Aspects for Mass Awareness / Enforcement
 - (1) During **hailstorm**, follow these safety tips to protect yourself:-
 - (a) <u>Seek Shelter Immediately</u>: Move indoors or take cover in a sturdy building or vehicle.
 - (b) <u>Stay Away from Windows</u>: Hail can shatter glass stay in a windowless room if possible.
 - (c) <u>Protect Your Head</u>: If caught outside, use anything available (bag, jacket, helmet) to cover your head and neck.
 - (d) Pull Over Safely (if driving): Stop the vehicle under a bridge, roofed area, or off the road. Stay inside with seatbelt fastened.
 - (e) <u>Do Not Drive in Heavy Hail</u>: Visibility drops drastically and roads become slippery.
 - (f) <u>Listen to Weather Updates</u>: Use radio, mobile alerts, or apps to monitor the situation.
 - (g) <u>Cover Vehicles and Equipment</u>: If time allows, protect vehicles, livestock, and outdoor equipment with tarps or blankets.
 - (h) <u>Wait for the All-Clear</u>: Stay sheltered until authorities confirm it's safe to move.
 - (2) During **thunder-storm** and **lightning strike**, follow these safety tips to protect yourself: -

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- (a) <u>Do Not Seek Shelter Under Trees or Poles</u>: These attract lightning and don't protect well from hail.
- (b) Avoid Open Fields and Hilltops: These are more exposed to hail and lightning.
- (c) **Do Not Use Electrical Appliances**: Avoid wired devices, plumbing, and electronics during accompanying thunderstorms.
- (d) <u>Move Away from Drainage Canals and Pondages</u>: Avoid standing nearby drainage canals and pondages as it attracts lightning.
- (e) <u>Seek Shelter Immediately</u>: Move indoors or take cover in a sturdy building or seek shelter in a dry place.
- (3) Travelers / tourists are advised to: -
 - (a) Plan travels to picnic and tourist spots **considering weather** and traffic **conditions**.
 - (b) Properly dispose off garbage at **designated areas** to prevent **clogging** of **drainage systems**.
 - (c) Avoid overcrowding picnic and tourist spots and ensure personal safety.
 - (d) Keep children away from nullahs / pot holes / drainage lines to avoid accidents.
 - (e) Keep adequate supply of clean drinking water and food item.
 - (f) Wear weather appropriate clothing.
 - (g) Keep maintain at least 20 feet distance from River and Nullahs.
 - (h) Choose hotels or guest houses located on higher ground and away from rivers, lakes, or nullahs in monsoon / flooding season.
 - (i) Ask hotel staff about emergency exits, local hazards, and evacuation procedures in case of flooding.
 - (j) Avoid swimming in the rivers / nullah and any water body during flooding season.
 - (k) Avoid walking or driving through flooded areas just 6 inches of moving water can knock you off your feet.
 - (I) Avoid trekking, hiking, or camping during heavy rains risk of landslides, slippery trails, and flash floods increases.
 - (m) Avoid self-driving in unfamiliar or hilly areas during rains opt for local drivers who know the terrain.
 - (n) **Do not attempt** to cross **bridges** or **roads submerged** in water they may be **damaged** or **unstable**.

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- Cooperate with locals and district authorities, rescue agencies during emergencies or weather disruptions.
- (4) Do not risk cross any **drain** or **road overtopping** with **water flow**. Wait for flows to normalize and priorities / ensure safety.
- (5) Do not risk enter a ponded under-construction road.
- (6) Do not take / allow children close to ponds / stagnant water, water drainage lines or any place where pot holes are present.
- (7) Sensitize all concerned on risks posed by **venturing into water channels** and **crossing nullahs** during flash floods.
- (8) Do not handle / repair any electrical equipment, especially with exposed lines to preclude risk of electrocution during rainfall / thunderstorms and water pondage.
- (9) Avoid staying in weak structures. In case of intense rain, seek shelter in safe places such as schools, government buildings, or any concrete buildings.

b. <u>DDMAs / Local Administrations / DM Responders</u>

- Activation and deputation of duty staff for round-the-clock monitoring through Emergency Operation Centres (EOCs).
- (2) Collect and share the **latest information** with line departments, **provincial**, and **national authorities**.
- (3) Disseminate advisories, alerts, and guidelines to all concerned.
- (4) Generate Situation Reports (SITREPs) to cover any major incidents / developments.
- (5) Civic Agencies and Rescue Services (1122 / Fire Brigade / Ambulance / Civil Defence) to remain alert and have sufficient emergency response personnel and equipment during the forecasted holiday period.
- (6) Alert masses living in low-lying areas to exercise extra caution and activate community-based alert systems.
- (7) Limit the number of tourists allowed entry to picnic and tourist spots to avoid overcrowding.
- (8) Regulate **traffic** at **picnic** and **tourist spots** to ensure a smooth flow and **prevent congestion**.
- (9) Secure loose structures including billboards / hoardings / solar panels from effects of windstorms / thunder showers.

c. PDMAs / SDMA / GBDMA / ICT Administration

- (1) Coordinate with respective PDMAs to **align local efforts** with provincial strategies and guidelines.
- (2) Activate / ensure staffing of HR in EOCs for effective coordination and response.
- (3) Establish a **streamlined** and **efficient communication channel** to ensure **timely dissemination** of weather forecasts, **advisories**, and **alerts** to local administrations and the **public**.

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- (4) Ensure flow of information among all stakeholders is accurate, timely, and effectively coordinated.
- (5) Ensure enforcement / dissemination of mitigative / preparedness / response guidelines to all concerned.
- (6) Ensure **rapid damage** and **needs assessments** following major incidents.

d. Federal Ministries / Departments

- (1) Ensuring **interagency coordination** and **information sharing** for monitoring and handling emergencies.
- (2) Raise mass awareness through respective platforms relevant stakeholders about seasonal hazards.
- (3) Ensure strict and proactive monitoring of the movement around/ in close vicinity of nullahs and water channels to avert possibilities of drowning.
- 5. In case of any eventuality, twice-daily updates be shared with NDMA.
- 6. **Press Information Department Only**. With the request for wider circulation and public awareness.
- 7. For latest weather updates please visit: https://play.google.com/store/apps/details?id=com.pmd.gov.pk/en/, Pak Weather application https://play.google.com/store/apps/details?id=com.pmd.kissan, NDMA Mobile App (Pak NDMA Disaster Alert) https://play.google.com/store/apps/details?id=com.mobileapp.ndmaalert, NDMA / PMD Social Media platform.

(Ali Imran Sayed) Director (Response)

Tel No: 051-9030924 Fax No: 051-9030729

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DG Estb

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ED Tech

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ED CoE

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Dir Log

Dir R&R

PMD PRESS RELEASE



Government of Pakistan Ministry of Defense (Defense Division) Pakistan Meteorological Department National Weather Forecasting Centre Sector: H-8/2, Islamabad.

NWFC-5(10A)/2017/129

Date: 02ndAugust, 2025 Time: 18:00 PST Press Release:

More rains with wind-thundershower predicted in upcoming week

According to Met. office weak monsoon currents are continuously penetrating in upper/central parts of the country and is likely to intensify from 04th August. A westerly wave is likely to strengthen on 05th August. Under the influence of these meteorological conditions:

Kashmir/ Gilgit-Baltistan:

Rain-wind/thundershower with isolated heavyfalls is expected in Kashmir (Neelum valley, Muzaffarabad, Rawalakot, Poonch, Hattian, Bagh, Haveli, Sudhanoti, Kotli, Bhimber, Mirpur) from 04th to 07th August, while rain-wind/thunderstorm with isolated heavyfalls is expected in Gilgit-Baltistan (Diamir, Astore, Ghizer, Skardu, Hunza, Gilgit, Ghanche, Shigar) from 05th to 07th August with occasional gaps.

Khyber-Pakhtunkhwa:

Rain-wind/thundershower with isolated heavyfalls is expected in Dir, Chitral, Swat, Kohistan, Shangla, Battagram, Mansehra, Abbottabad, Haripur, Buner, Malakand, Bajaur, Mohmand, Khyber, Orakzai Kurram, Kohat, Peshawar, Charsadda, Nowshera, Mardan, Swabi, Hangu, Karak, Bannu, Lakki Marwat, Waziristan, Tank and Dera Ismail Khan from 04th to 07th August with occasional gaps.

Puniab/Islamabad:

Rain-wind/thundershower with scattered heavyfalls is expected in Islamabad/Rawalpindi, Murree, Galliyat, Attock, Chakwal, Jhelum, Mandi Bahauddin, Gujrat, Gujranwala, Hafizabad, Wazirabad, Lahore, Sheikhupura, Sialkot, Narowal, Sahiwal, Jhang, Toba Tek Singh, Khushab, Sargodha, Mianwali, Nankana Sahib, Chiniot, Faisalabad and Kasur from 04th to 07th August, with occasional gaps.

Rain-wind/thundershower is also likely in D.G. Khan, Bhakkar, Layyah, Multan and Bahawalpur on 06th August.

Mainly hot and humid weather is expected in most parts of the province. However, rain-wind/thundershower is expected in Northeastern/southern parts (Barkhan, Musakhel, Loralai, Sibbi, Zhob, Qilla Saifullah and Khuzdar) on 06th August.

Mainly hot and humid weather is expected in most parts of the province. However, cloudy weather with light rain/drizzle is expected in coastal areas during the period.

ossible Impacts and advises:

- Heavy rains may generate flash floods in local nullahs/streams of Chitral, Dir, Swat, Shangla, Mansehra, Kohistan, Abbottabad, Buner, Charsadda, Nowshera, Swabi, Mardan, Murree, Galliyat, Islamabad/Rawalpindi, Northeast Punjab and Kashmir from 05th to 07th
- Heavy falls may cause urban flood in low lying areas of Islamabad/Rawalpindi, Gujranwala, Lahore and Sialkot on 05th to 07th August. Landslides/mudslides may cause roads closure in the vulnerable hilly areas of Khyber Pakhtunkhwa, Gilgit-Baltistan Murree, Gallivat

and Kashmir during the forecast period.

- Heavy falls/windstorm and lightning may damage weak structures like roof/wall of Kacha houses, electric poles, bill boards, vehicles and solar panels etc during the forecast period.
- Public, Travelers and tourists are advised to avoid unusual exposure to vulnerable areas to avoid any untoward situation and keep updated about latest weather conditions.

ote: All concerned authorities are advised to remain "ALERT" and take necessary measures to avoid any untoward

or latest weather updates please visit; https://www.pmd.gov.pk/en/, Pak Weather application https://play.google.com/store/apps/details?id=com.pmd.kissan, ocial Media platform & CAP (Alert)

- MS to PM, Islamabad
- sos in PM, osamenosi Secretary Defence, Ministry of Defence Rawalpindi Chief See Punjah, KP, GB, Kashmir, Balochistan & Sindh Secretary Irrigation Punjah, KP, GB, Kashmir, Balochistan & Sindh Secretary Agriculture Punjah, KP, GB, Kashmir, Balochistan & Sindh
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- Chairman NHA
- IG Motorways DG's PDMA & SDMA
- Secretary Health, MOCC & Water Resource
- Secretary National Food Security and Researchairman FFC & IRSA
- 13 Director to Minister for MOCC
- Commissioner Rawalpindi
- Rescue 1122
- Directors RMC's & Electronic and Print Media.

Spokesperson Ph: 051-9250363-4



Government of Pakistan Ministry of Defense (Defense Division) Pakistan Meteorological Department National Weather Forecasting Centre Sector H-8/2 Islamabad

NWFC-5(10A)/2017/129

Date:02nd August,2025 Time: 18:00 PST

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الله الله على من الله الله الله الله الله الله على ما الله والله والله عن يد بار الله ل كا يتظول ا

محکہ موسمیات کے مطابق مون مون ہوا مجس کم شدت کے ساتھ ملک کے بال أروستی علاقوں میں واقل ہور تی بین الل اور من بین 40 آگست ہے مون مون مون اوالوں کی شدت شیرانسانے کی آتہ تھے۔ 50 آگست ہے مغربی ہواؤں کا سلسلہ کی شدت شیرانسانے کی آتہ تھے۔ :プレンエレス

سم الكت بلتان: 04 = 10 كست كدوران تشير (وادى ليلم، مظرة مادرادالاكوك، و في مليان، باخ، عولى، سرحانول، كو كل، بحبر، ميريور) بن تيزودال اوركن جك ك ساتد و تقوي قد على بالش جديد مقالت موسلاحار ہارش کی بھی توقے۔ 05ء 107 کست کے دوران ملکت پلتتان (دیام پر ماستور، نفزر، سکر دو، بنز ہ، ملکت، تھانے، شکر) میں تیز ہواؤں اور کرنے جک کے ساتھ و تقریبے پر نے بیک بیٹے متقابات موسان حاریارش کی مجی توقع۔ شیر پیکٹو تھان 20 ہے 97 اگست کے دوران و پر ایچر ال سوات ، کوستان، شانگار ، بھراس ماشیرہ ایسید آبار میری ایور پر بنا کا شدند بایور شرع میر دوران کی کرم ، کوباٹ پیلاور میرار مدد، نوشیر و میروان معوانی بینکو کر کے میتواں ، وزیرشان ، کل مروت ناک اوراسا عمل خان میں تیز ہواؤں اور کرن جگ کے ساتھ و تقے ہے بارش جبکہ چند مقامات پر موسلاد ھار بارش کی مجھی تو تھے۔

و المناس المرابية - 04 عند من المرابع عوشاب، سر گودھا، میانوانی، نظانہ صاحب، چنیوے، فیصل آباد اور تصویر بشی تیز اواؤن اور کریج بیک کے ساتھ و تھے ہے بارش جیکہ بعض مثابات پر موسلاوھار بارش کا کئیار کان پر چیکہ کا کسٹ کے دوز ڈی پی خان ، جیکر الیہ ، مثان اور براولیورش بھی تیز ہواؤں اور کرن جک کے ساتھ و تھے و تھے ہے بارش کا امکان۔

بلوچتان: 66اگست کے دولہ: ٹال مشرقی اجنوبی طاقون (برخان، موئی ٹیل اورالا آن یہ می تو براہ کی اورالا آن ہی تو وب اور ان پاند مقامہ میٹ اللہ اور الا آن ہی تو وب اور ان پاند مقامہ ہوتی ہواؤں اور کرج جیک کے ساتھ پارٹن کا مکان یہ اس دوران چیز مقاملہ ہوت موٹ کی کی آو تھے۔ عده: 106 مست كرود: صوير ك يشتر طاقون عي موسم كرم إورم طوب دين كالماك الداد وران ساطي طاقون عي مطلع بزوي ابر آلود رين ك طاوه ألى بدش إيدارا كالامكان

مكندا الرامصادرا حيا في عراير:

- 05 = 10 اگست کے دوران شریعہ بار ٹی کے باعث چرال دی ، موات ، شالک ما انسروہ کو بستان انہاں آباد اور تو میار سدد، موانی، مرونان ماری، گلیات اور شرو داستام آباد اراد اور شری استاری مثال ما انسر کی جانب اور مشیر کے عاى ابر سالى تدى ناوى يى طفيانى كاعظره وعام الناس كواطياط كى بداست
 - 05 = 07 أكست كه دوران شديد بار شول ك باصف اسلام آياد اراوليلاي، كوجرافوالد والاورادر سيالكون ك تيمي ملاقي زيرك آف كالعدش
 - ان دوران شدید بارشوں کے باعث تیر پکٹو تو اہ گلت بلتیان مرکاور گلیات میں اپنا سلائیڈ تک کے باعث ٹریک کی آند در خت متاثر ہونے کا تعلومہ
 - شدیدید شون اای می اجتو یط اور حرج یک کے باصف دونم مے معولات مناثر ہونے، کوور افراسز کر (کے تکر اولادی، کل کے تھے، بل اور اور کانون سوار دیش و فیر و) کو نصان کاندیشہ
- ساتر دل اور بیان حقرات سخرے دوران زیاد حکاما دائیں اور مو کی حالات کے مطابق کیا ہے سٹر کا انتقام کر کیا اور بارشول کے دوران کی آگانا کو مگل ارمود تھال ہے بچنے کے لیے موسم کے بارے بیرانگانی حاصل کر کیا۔

نوت: المام متعلقہ اواد وال کو مهارت "رہنے اور کی نامو ملکوار واقعہ سے بینے کے لیے تمام خرود کا اقدامات کرنے کی بدایت کی جاتی ہے۔

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