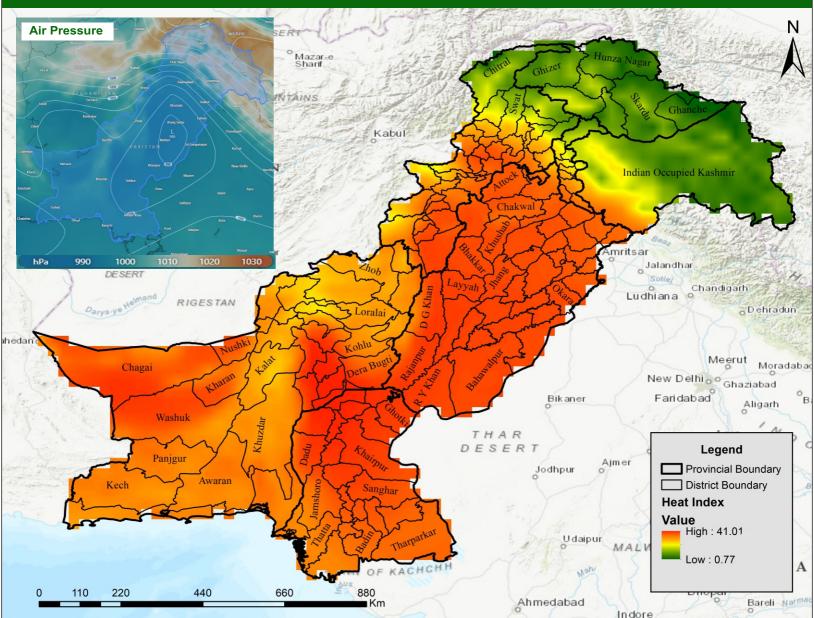


HEATWAVE ALERT

June 18th to June 22nd, 2025



FORECAST

 A heatwave spell is expected in the mentioned districts from 18th June, 2025 to 22nd June, 2025 with the Heat index likely to soar above 41°C.

EXPOSED DISTRICTS

Turbat	Feels 49°-50°C	Peshawar	Feels 43°-44°C	Khairpur	Feels 48°-50°C	Multan	Feels 45°-46°C
Dadu	Feels 47°-48°C	Bannu	Feels 44°-45°C	Lahore	Feels 44°-46°C	Bahawalpur	Feels 50°-52°C
Mohenjo-Daro	Feels 47°-48°C	Karachi	Feels 45°-46°C	Rahimyar Khan	Feels 48°-50°C	D.I. Khan	Feels 44°-45°C
Malir	Feels 44°-45°C	Sibi	Feels 46°-47°C	Sargodha	Feels 44°-45°C	Jacobabad	Feels 48°-49°C
Korangi	Feels 44°-46°C	Gotki	Feels 50°-52°C	Faisalabad	Feels 43°-44°C	Lodhran	Feels 46°-47°C

ESSENTIAL HEATWAVE PRECAUTIONS

- Drink plenty of water and other fluids to stay hydrated, especially during outdoor activities.
- Try to avoid outdoor activities during the hottest part of the day (11am-4pm).
- Check on vulnerable individuals, such as the elderly and children, to ensure their safety and well-being.