

## SMOG ADVI SORY! November, 2025



## **Forecast**

Smog, a mixture of smoke and fog, Moderate to Dense smog is expected across major cities in Punjab from November, due to calm winds and dry stable weather conditions. Areas most affected may include Lahore, Gujranwala, Sheikhupura, Kasur, Nankana Sahib, Faisalabad, Multan, Bahawalpur, Rahim Yar Khan, and Bahawalnagar.

## Possible Impacts

- Poor air quality may cause breathing difficulties, cough, and eye irritation, especially in children, the elderly, and those with health conditions.
- Reduced visibility could disrupt travel and increase the risk of road accidents.

## **Precaution Measures**

- Limit outdoor exposure and wear a mask when going outside.
- Avoid early morning and late-night travel when smog is heaviest.
- Keep windows closed and use air purifiers or filters indoors if available.

