

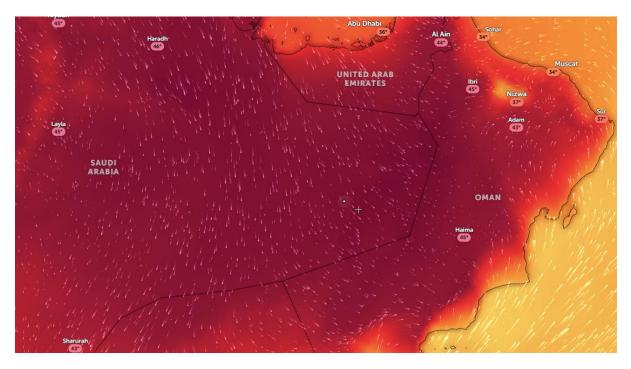
Government of Pakistan National Disaster Management Authority Prime Minister's Office Islamabad



July 22, 2025

Global Alerts - Centre Zone

Extreme Heat Wave Alert – Arabian Peninsula



Affected Area (s)

Saudi Arabia, Oman, and the UAE

Duration

July 22 – July 24, 2025

Hazard Types

Heat Wave

Hazard Summary

An intense heatwave is gripping large parts of Saudi Arabia, Oman, and the UAE, with temperatures soaring as high as 46°C in areas like Haradh, Layla, Haima, and Ibri. Winds are offering little relief, and heat indices are dangerously high across the region. Cities such as Al Ain (44°C), Adam (43°C), and Sharurah (43°C) are also experiencing extreme conditions. Residents are strongly advised to avoid outdoor activities during peak heat hours. Stay hydrated and indoors in air-conditioned spaces.