



HEATWAVE

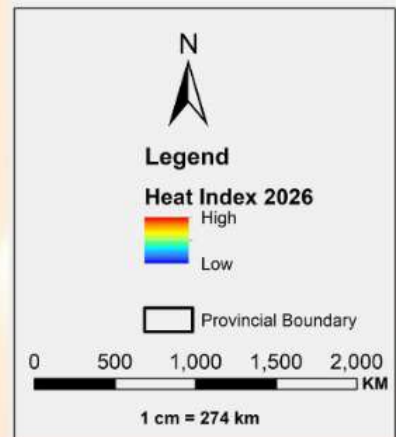
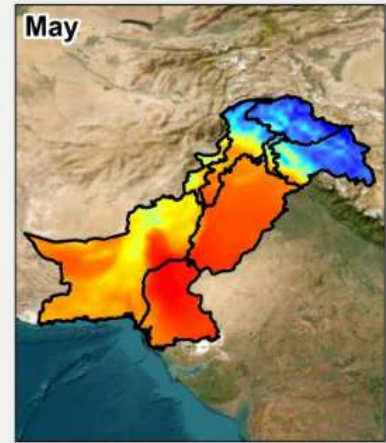
Advisory: May 2026



PROJECTION

During May 2026, Pakistan is expected to experience heatwave conditions, primarily affecting central and southern regions. Due to multiple atmospheric factors, a persistent heat dome is likely to establish over these areas, leading to prolonged and intense heat across southern Punjab, Sindh, and eastern-central Balochistan, while northern regions (KP, GB) remain comparatively less affected.

Persistent $\geq 45^{\circ}\text{C}$ conditions for 3 to 5 consecutive days are likely to trigger prolonged heatwave spells, especially during mid to late May. Urban heat stress will be significantly elevated in major cities.



LIKELY IMPACTS OF HEATWAVE



Health Crisis



Crop Failure



Water Shortages



Power Outages

LIKELY EXPOSED AREAS

PUNJAB

Bahawalpur, Rahim Yar Khan, Dera Ghazi Khan, Multan, Muzaffargarh, Rajanpur, Layyah, Bhakkar, Khanewal, Vehari, Lodhran, and surrounding areas

SINDH

Jacobabad, Dadu, Larkana, Sukkur, Khairpur, Shaheed Benazirabad (Nawabshah), Naushahro Feroze, Ghotki, Shikarpur, Hyderabad, Karachi and neighboring localities

BALUCHISTAN

Sibi, Dera Murad Jamali, Nasirabad, Jaffarabad, , Jhal Magsi , Kachhi, Sohbatpur, Khuzdar, Turbat, Panjgur, Dalbandin, Nokkundi, and surrounding

RESPONSE AND IMMEDIATE ACTION

- Health Departments, PDMAs (Provincial Disaster Management Authorities)
- Rescue 1122, Ambulance services
- NGOs, INGOs
- Vulnerable groups such as the sick, elderly, and children should be given priority access to heat relief measures